

Instructions on how to use the Novolizer®

What is the Novolizer® system?

It is a device in which you load a cartridge that contains multiple doses of a medication in the form of a dry powder. When inhaled through the inhaler's mouthpiece, the medicine reaches the lungs directly. Moisture can cause the medicine to clump together so it must be kept in a dry place. It does not need to be shaken and must be held upright. The person must be standing or sitting up straight to make it easier for the chest to expand. The mouthpiece should be cleaned regularly using a dry tissue and must not be washed with water as moisture affects the dry powder.



How do you use a Novolizer®?

Either standing or sitting down, relax as much as you can and follow these instructions:

The first time you use the Novolizer® you need to insert the cartridge with the medicine into the device.

1. Remove the cartridge lid.



2. Insert the cartridge and replace the lid.



3. Remove the cap from the mouthpiece (the control window will be red).



4. Press down on the button to load the dose (the window will turn green).



5. Breathe out fully but do not blow into the mouthpiece.



6. Close your lips around the mouthpiece and breathe in deeply through your mouth; you will hear a *click*.



7. Hold your breath in your lungs for 10 seconds or for as long as you can.



8. Breathe out slowly.



9. Gargle and rinse your mouth after each use.



The inhaler has a dose counter that shows how many doses are left. The counter turns after every 5th actuation.

When the cartridge is empty, a new one has to be inserted.

If you have any questions, please check with the nurse.