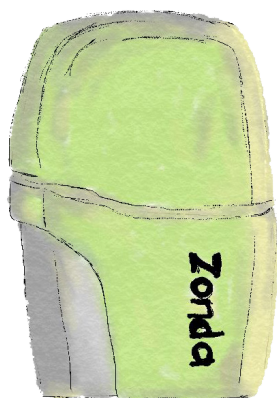


## Instructions on how to use the Zonda® inhaler

### What is the Zonda® device?

It is a device that has been specially designed for inhaling a medicine that is contained in a capsule, which is previously inserted into the device and pierced. When you breathe through the inhaler's mouthpiece, the medication is delivered directly into your lungs. Moisture can cause the medicine to clump together so it must be kept in a dry place. Do not shake the inhaler and hold it in an upright position. It should be used while standing or sitting up straight to make it easier for the chest to expand. The mouthpiece should be cleaned regularly with a dry cloth. It should not be washed with water, as the dry powder is sensitive to moisture.



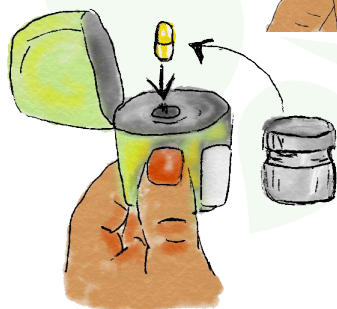
### How to use the Zonda® inhaler

While standing or sitting up straight, relax as much as you can and follow these instructions:

**1.** Open the mouthpiece cap.



**2.** Place a capsule in the compartment.



**3.** Close the mouthpiece.



**4.** Pierce the capsule by pressing in on the inhaler's side button once.



**5.** Breathe out fully (do not blow into the mouthpiece).

**6.** Put the mouthpiece in your mouth keeping your head in an upright position. Breathe in rapidly and deeply (without pressing on the inhaler's side button).

**7.** Hold your breath for about 10 seconds or for as long as you can.

**8.** Breathe out slowly.

**9.** Make sure the capsule is empty. If it is not, repeat steps 4 to 9.

**10.** Remove the empty capsule and replace the cap.

**11.** Gargle and rinse your mouth after each use.

If you have any questions, please check with the nurse.