

Instructions on how to use the Forspiro® inhaler

What is the Forspiro® device?

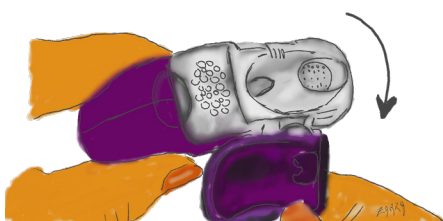
It is a device that contains multiple doses of a medication in the form of a dry powder. When you breathe in through the inhaler's mouthpiece, the medication is delivered directly into your lungs. Moisture can cause the medicine to clump together so it must be kept in a dry place. It should be used while standing or sitting up straight to make it easier for the chest to expand. The mouthpiece should be cleaned regularly with a dry cloth. It should not be washed with water, as the dry powder is sensitive to moisture.



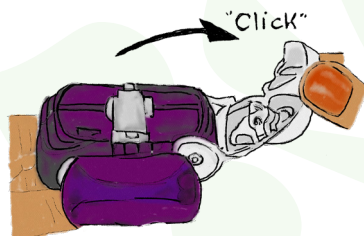
How to use the Forspiro® inhaler

While standing or sitting up straight, relax as much as you can and follow these instructions:

1. Open the protective cap downwards to reveal the mouthpiece.



2. Move the white lever as far as it will go, until you hear a *click*.



3. This action will move a new dose into position and cause the dose counter to count down.

4. Close the white lever fully; you will hear a click and the lever will return to its original position. The dose is now loaded.



5. Breathe out fully (do not blow into the mouthpiece).

6. Hold the inhaler with the protective cap pointing downwards. Do not cover the air vents.

7. Put the mouthpiece in your mouth and close your lips around it. Breathe in rapidly and deeply.



8. Hold your breath for about 10 seconds or for as long as you can.

9. Breathe out slowly.

10. Close the protective cap and remove the inhaled blisters from the side chamber.

11. Gargle and rinse your mouth after each use.

12. The inhaler initially contains 60 doses. When fewer than 10 doses are left, the numbers will be on a red background.

If you have any questions, please check with the nurse.