

Instructions on how to use the Nexthaler®

What is the Nexthaler® device?

It is a device that contains multiple doses of the medication in the form of a dry powder. When inhaled through the inhaler's

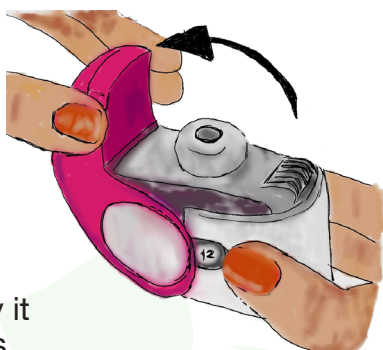
mouthpiece, the medicine reaches the lungs directly. Moisture can cause the medicine to clump together so it must be kept in a dry place. The person must be standing or sitting up straight to make it easier for the chest to expand. The mouthpiece should be cleaned regularly using a dry cloth. Do not wash with water as moisture affects the dry powder.



How do you use the Nexthaler®?

Either standing or sitting down, relax as much as you can and follow these instructions:

1. Hold the inhaler in a vertical position and fully open the protective cover. Each time you open the lid a dose of medicine is prepared. Initially it contains 120 doses.



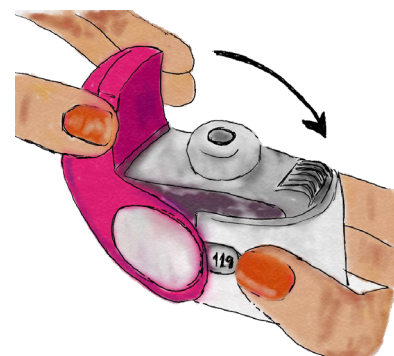
2. Breathe out fully (do not blow into the mouthpiece).

3. Close your lips around the mouthpiece and breathe in quickly and deeply through your mouth (do not cover the ventilation slots).

4. Hold your breath in your lungs for around 10 seconds, or for as long as you can.

5. Breathe out slowly.

6. Fully close the protective cover. Check that the dose counter has deducted one unit.



7. Gargle and rinse your mouth after each use.

8. A dose counter window shows how many doses are left. When it reaches 0, it means that there are no more doses left.

If you have any questions, please check with the nurse.