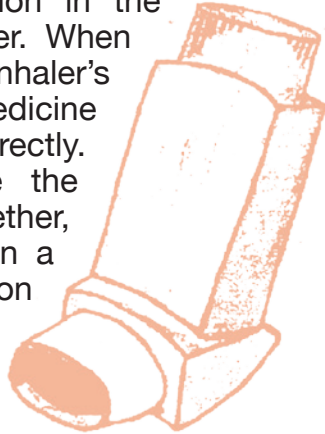


Instructions on how to use the Easyhaler®

What is the Easyhaler® system?

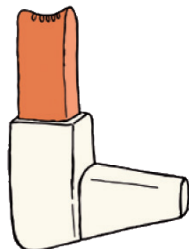
It is a device that contains multiple doses of a medication in the form of a dry powder. When inhaled through the inhaler's mouthpiece, the medicine reaches the lungs directly. Moisture can cause the medicine to clump together, so it must be kept in a dry place. The person must be standing or sitting up straight to make it easier for the chest to expand. The mouthpiece should be cleaned regularly using a dry tissue and must not be washed with water as moisture affects the dry powder.



How do you use an Easyhaler®?

Either standing or sitting down, relax as much as you can and follow these instructions:

1. Remove the cap.



2. Shake the inhaler vigorously 3 to 5 times.



3-4. Hold the inhaler in the correct position (upright, L-shape). Press down on the inhaler until you hear a *click*; wait until you hear another *click*.



5. Breathe out as fully as possible.



6. Hold your head upright and close your lips around the mouthpiece. Take a strong, deep breath through your mouth.



7. Hold your breath in your lungs for 10 seconds or for as long as you can.



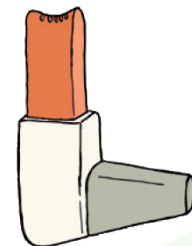
8. Breathe out slowly.



9. Gargle and rinse your mouth after each use.



10. Replace the cap.



The inhaler has a dose counter that shows how many doses are left.

The counter turns after every 5th actuation. When the numbers turn red, there are 20 doses left.

If you have any questions, please check with the nurse.