

II Congrés d'Ecografia Clínica en Atenció Primària (EcoAP)

"Enlaira't amb l'Ecografia"

2 i 3 de juliol de 2026
Campus Universitari Igualada - UdL
Ciències de la Salut
Igualada

ECOGRAFIA MUSCULOESQUELÈTICA: GENOLL

Grup de treball d'Ecografia clínica a l'Atenció Primària (EcoAP)

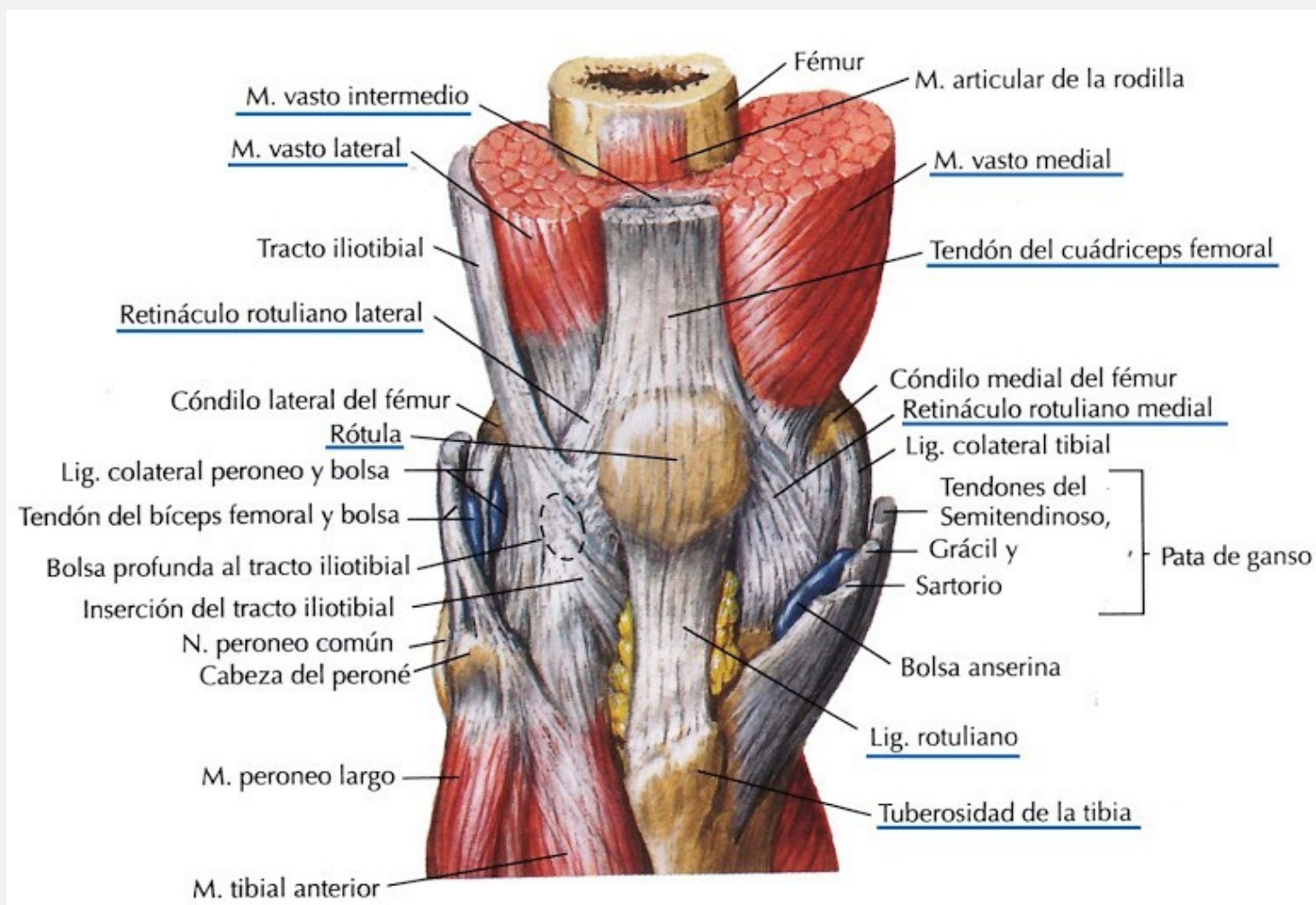
1. Consideracions generals
2. Record anatòmic
3. Què hem de veure?
4. Sistemàtica exploratòria
5. Patologia

CONSIDERACIONS GENERALS

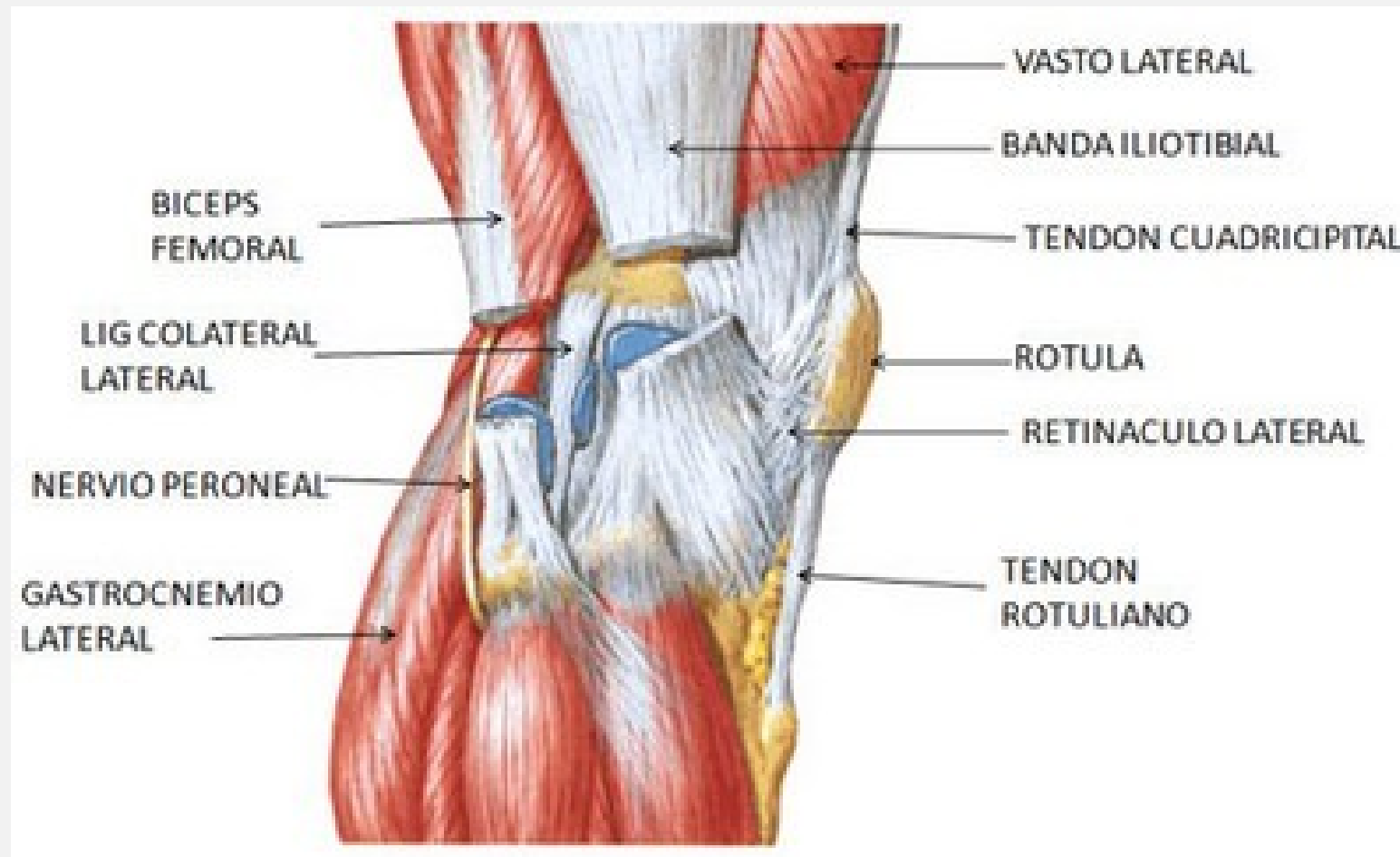
- Sonda lineal d'alta freqüència
- Dos genolls- Cal comparar
- Pacient estirat en llitera
- No cal preparació prèvia



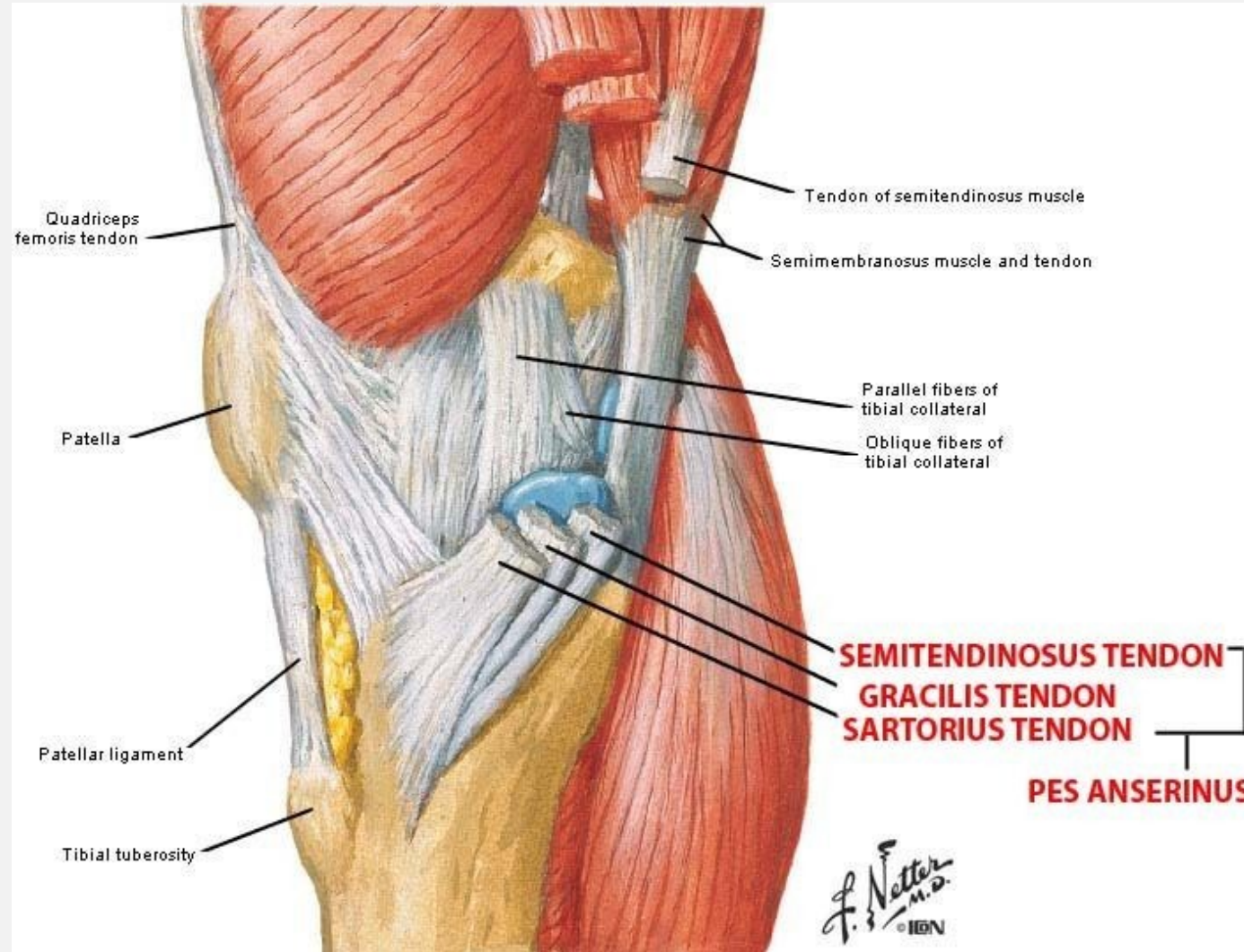
RECORD ANATÒMIC: CARA ANTERIOR



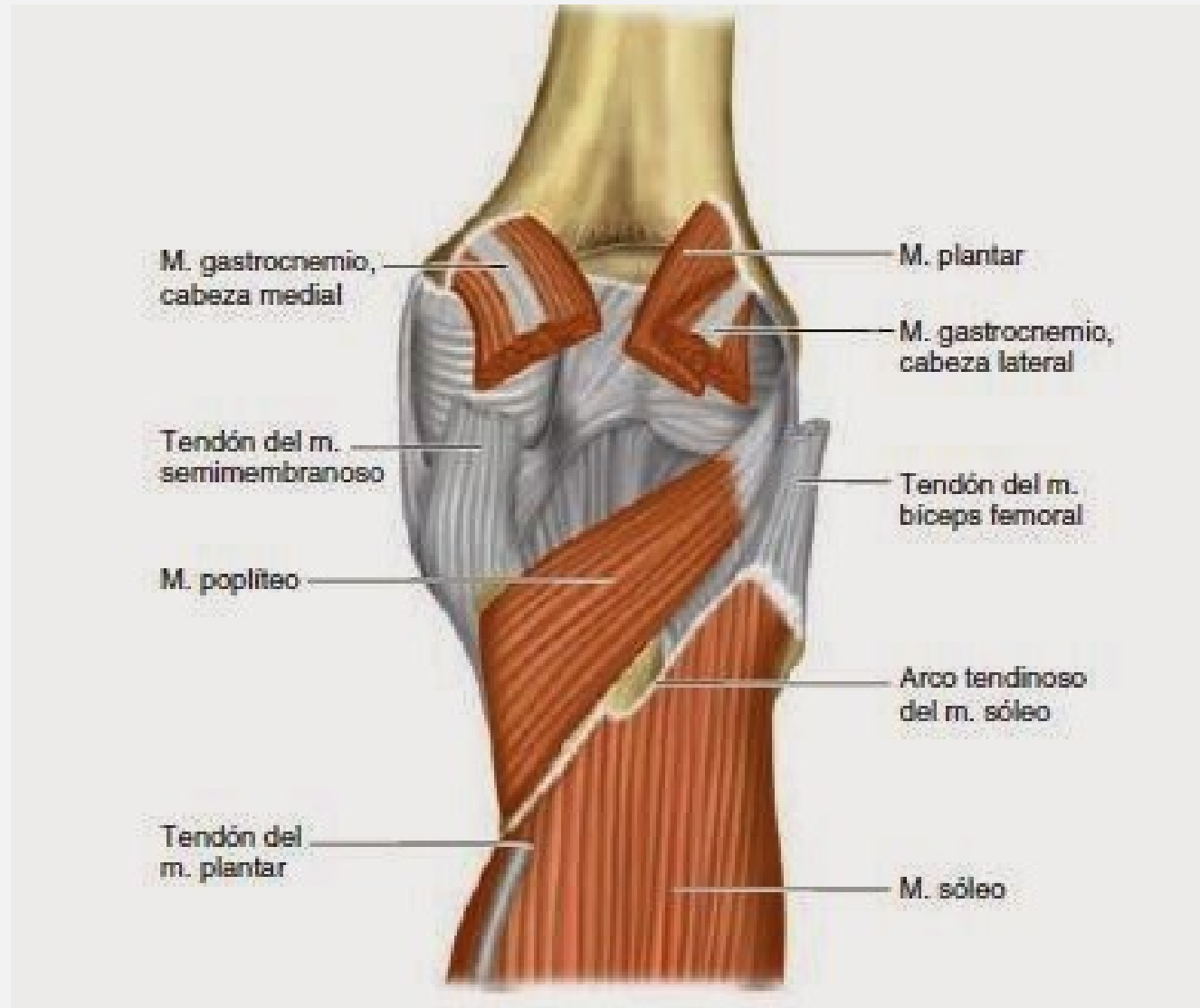
RECORD ANATÒMIC: CARA LATERAL



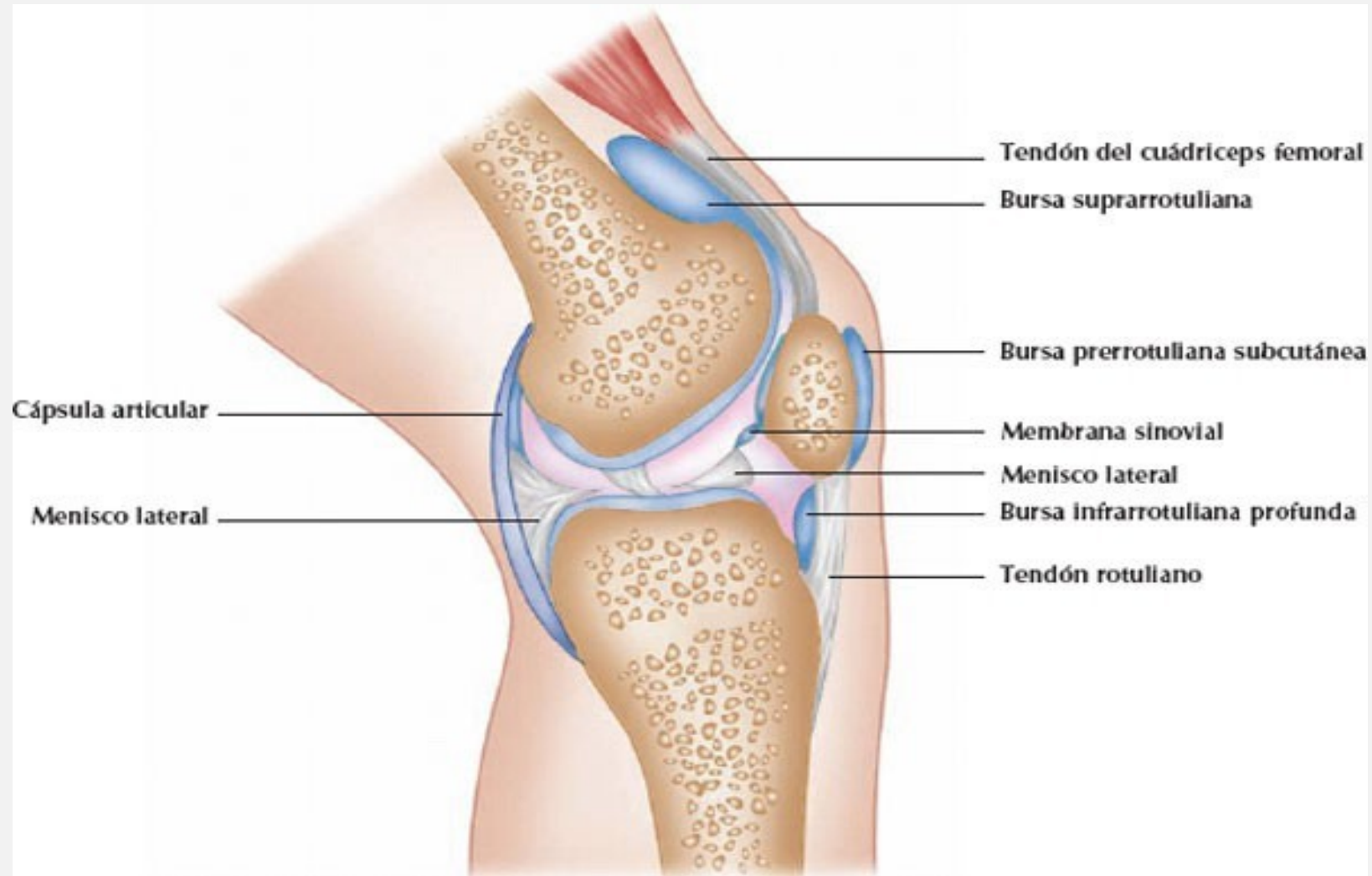
RECORD ANATÒMIC: CARA MEDIAL



RECORD ANATÒMIC: CARA POSTERIOR



RECORD ANATÒMIC: BURSES



QUÈ HEM DE VEURE?

Anterior

- Quadriceps (múscul i tendó)
- Bursa suprarotuliana
- Cartílag troclear
- Tendó Rotulià i grasa de Hoffa
- Bursa infrarotuliana

Lateral

- Lligament lateral extern (LLE)
- Menisc extern
- Tendó Bíceps Femoral
- Cintilla ilieotibial

Medial

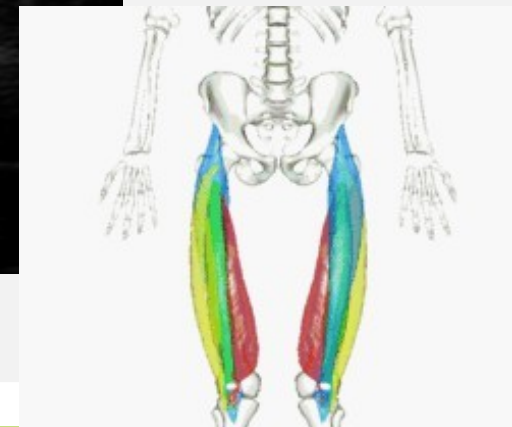
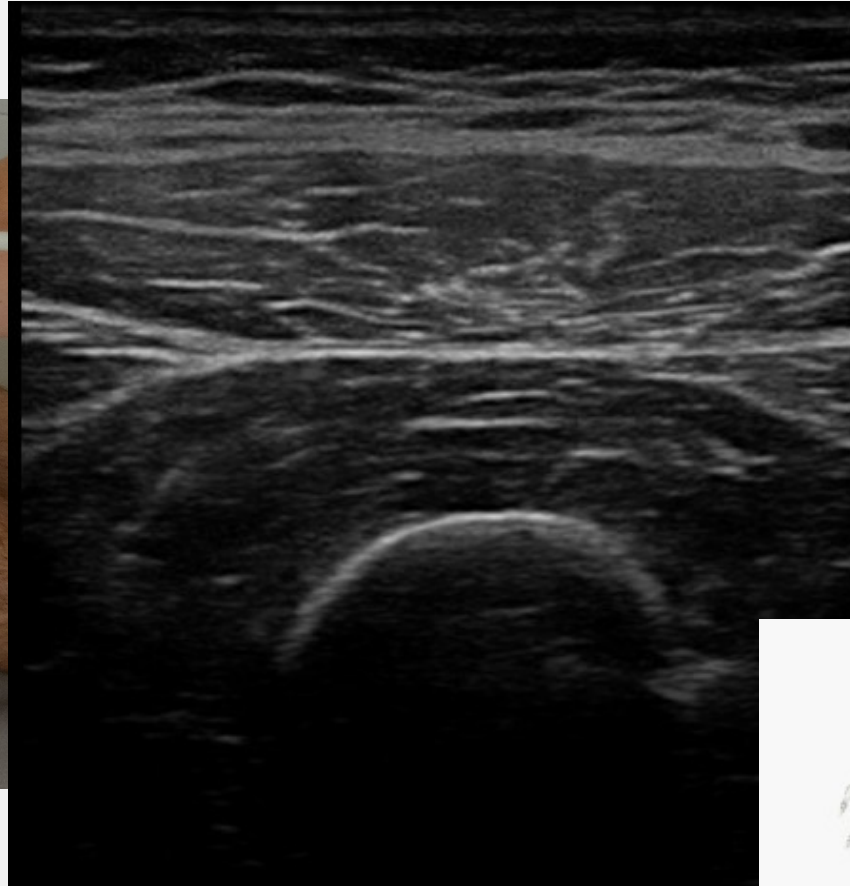
- Lligament lateral intern (LLI)
- Menisc intern
- Pota d'ànec (Sartori, Recte Intern i Semitendinós)

Posterior

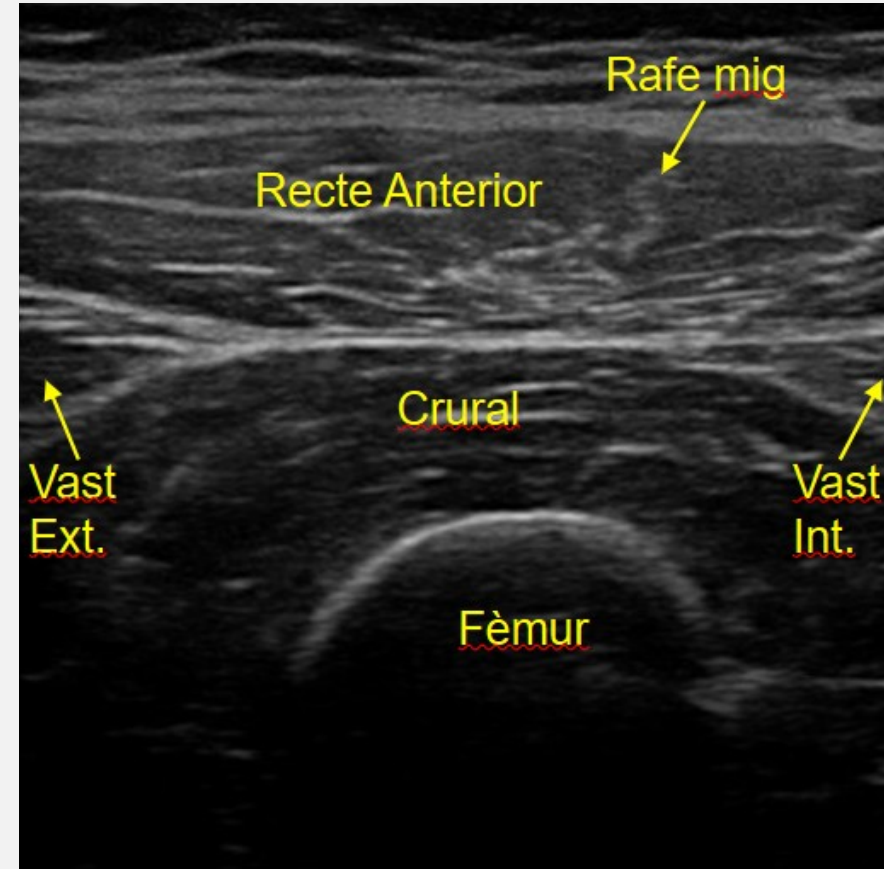
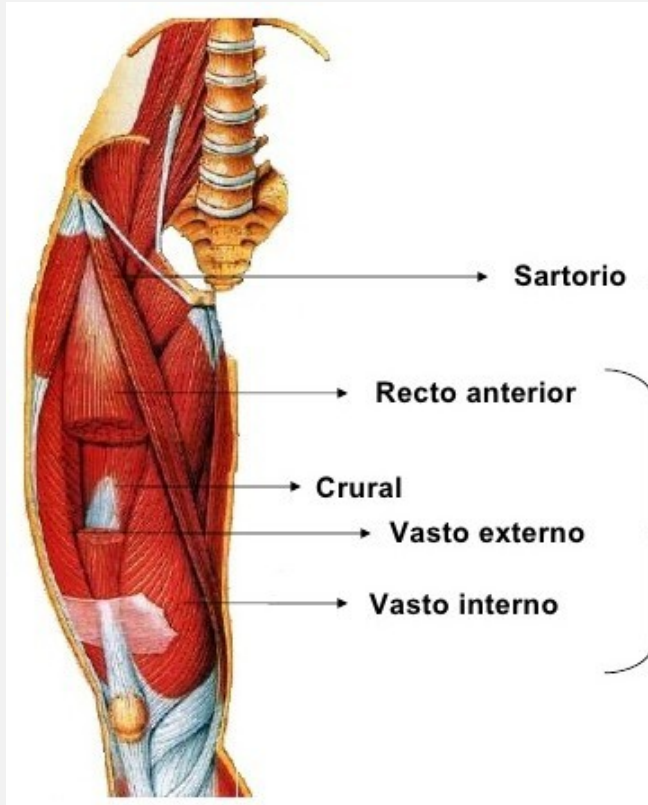
- Vasos poplitis
- Descartar Quist Backer
- Semimembranós i Bíceps F.
- Gastrocnemi medial i lateral

SISTEMÀTICA EXPLORATÒRIA

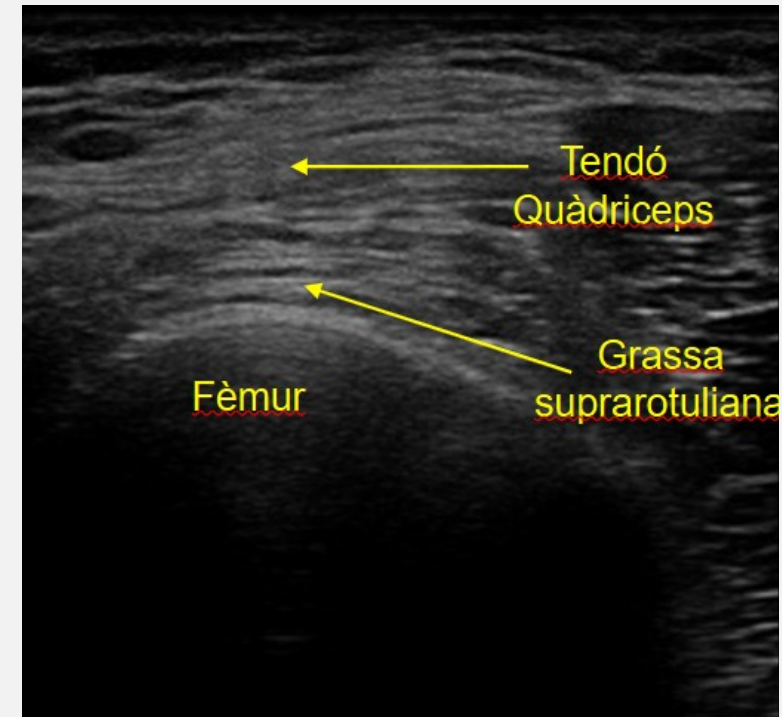
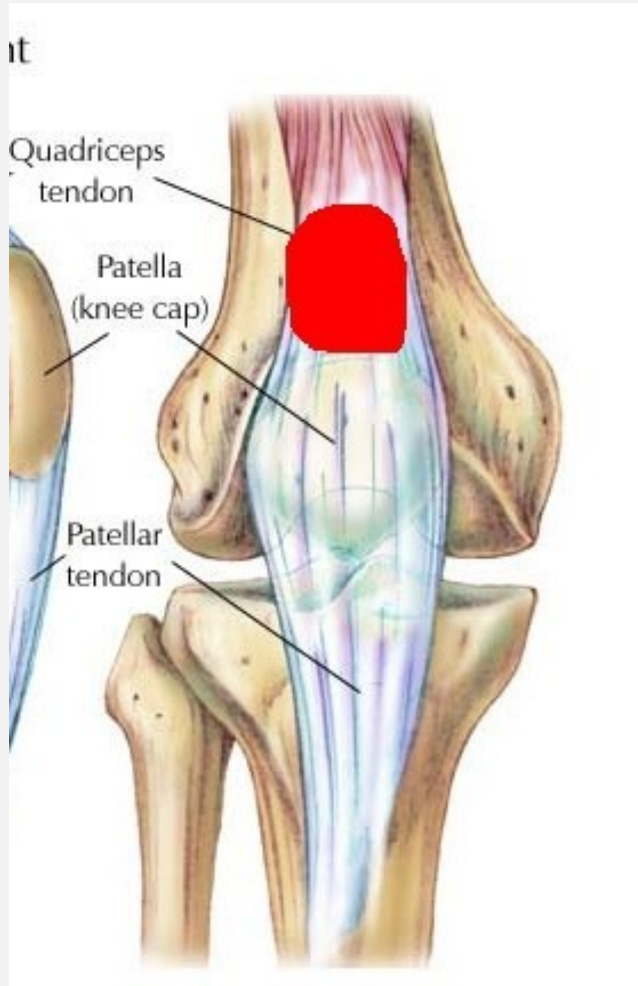
1 ANTERIOR: QUÀDRICEPS



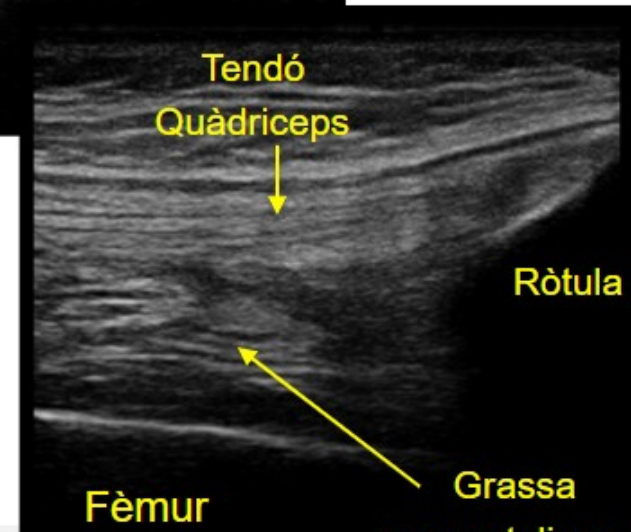
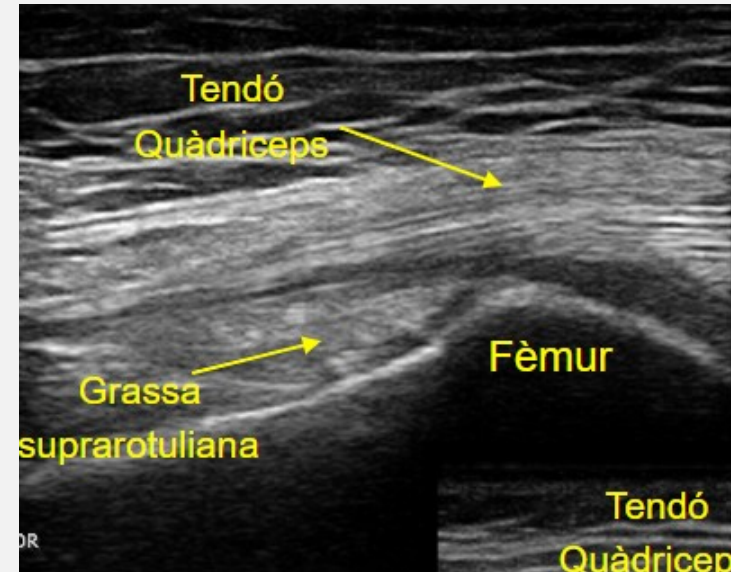
1 ANTERIOR: QUÀDRICEPS



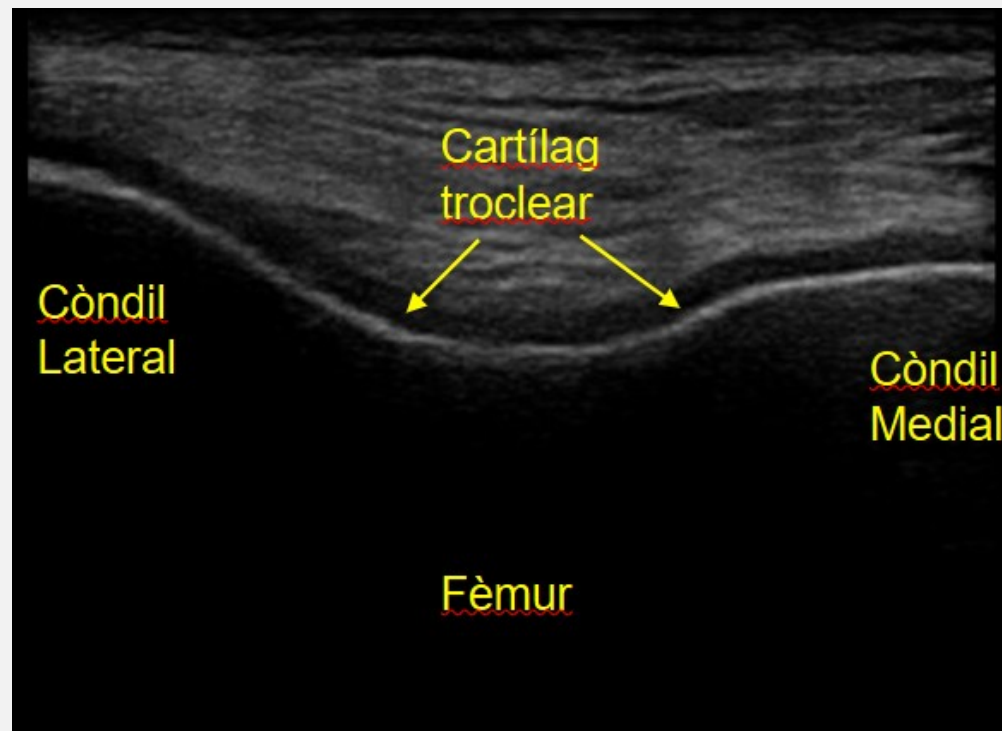
1 ANTERIOR: SUPRAPATELAR transversal



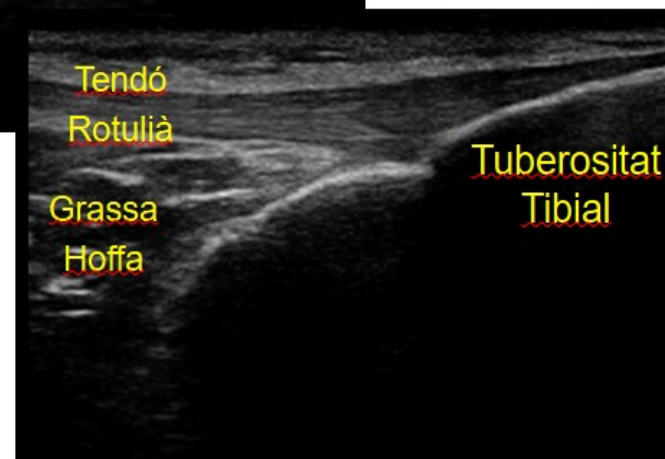
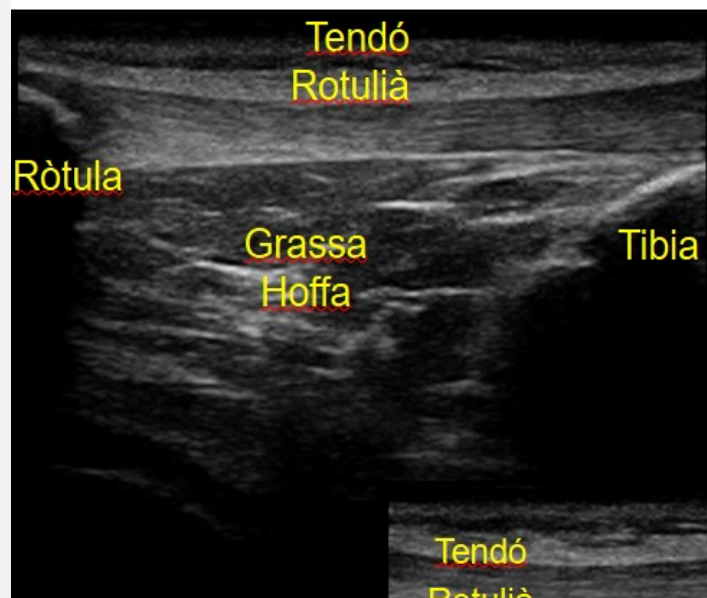
1 ANTERIOR: SUPRAPATELAR longitudinal



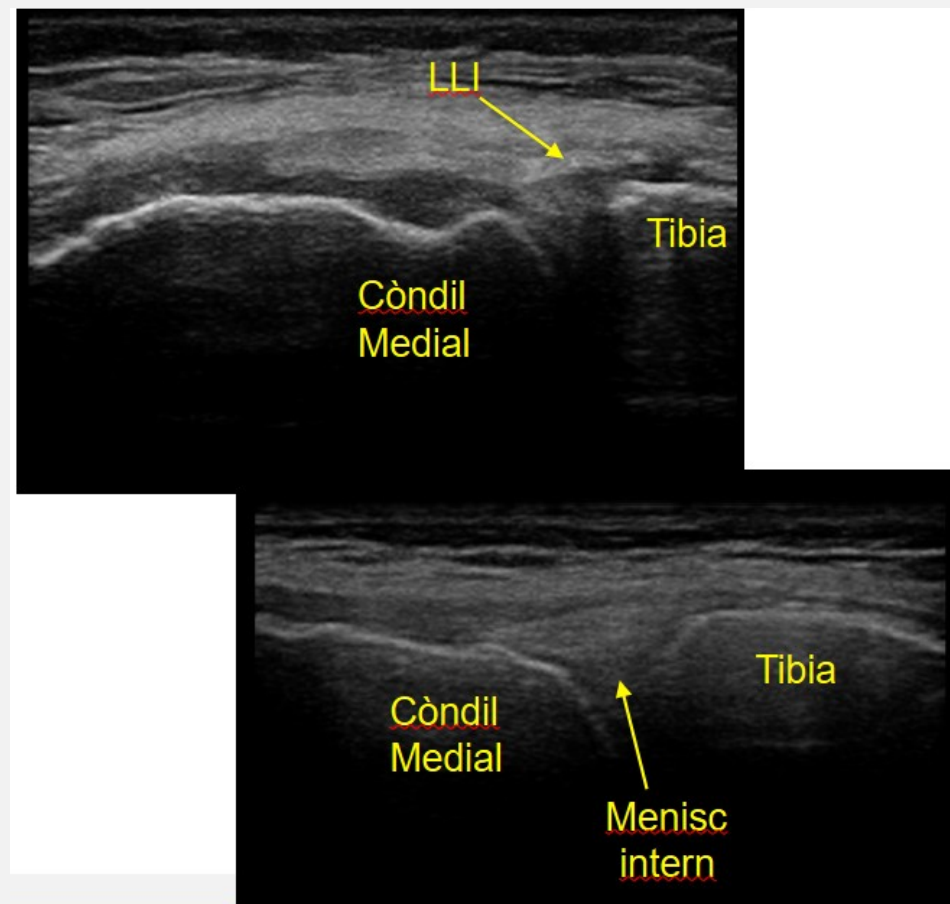
1 ANTERIOR: CARTÍLAG



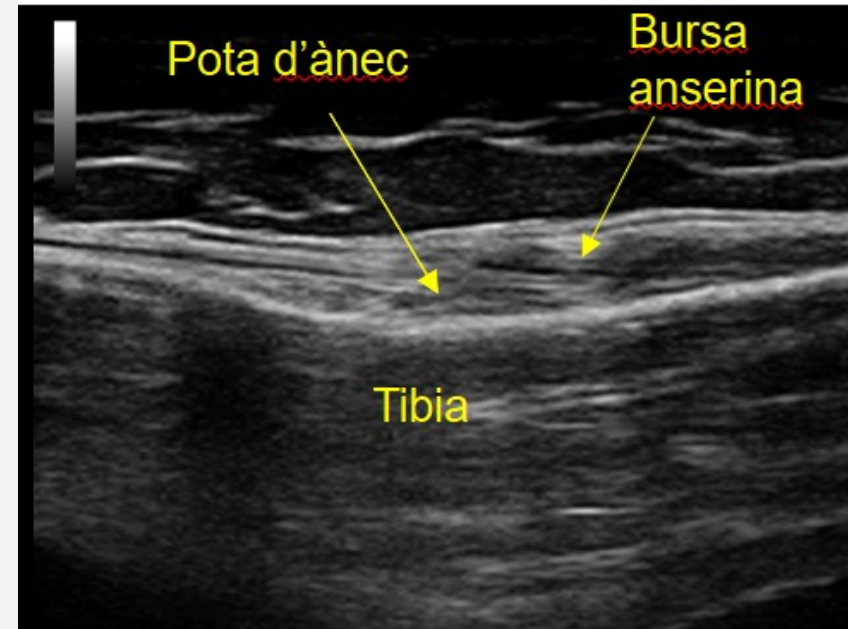
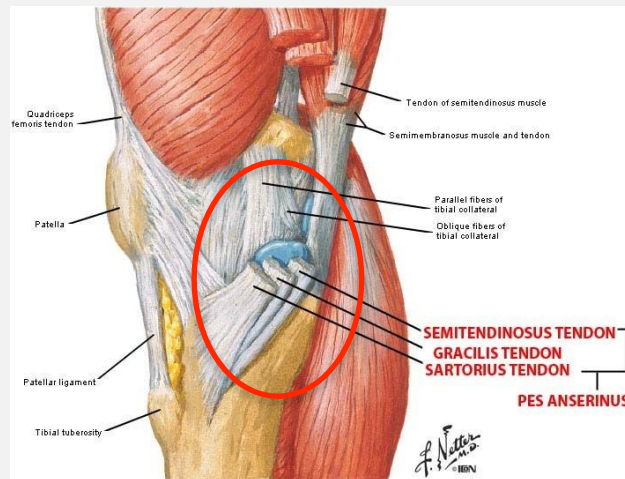
1 ANTERIOR: INFRAPATELAR longitudinal



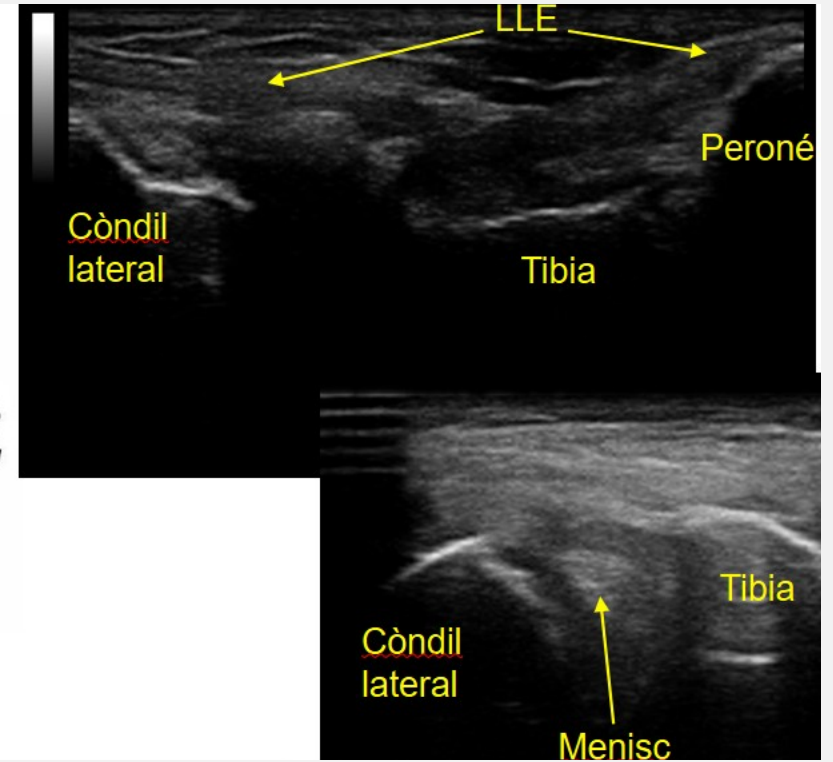
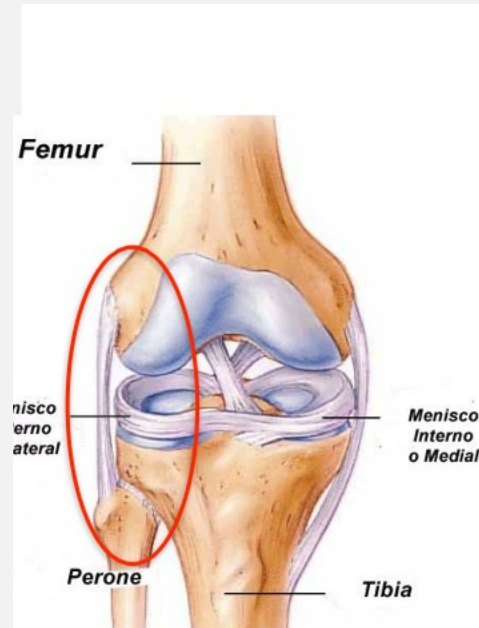
2 MEDIAL: LIGAMENT LATERAL INTERN I MENISC



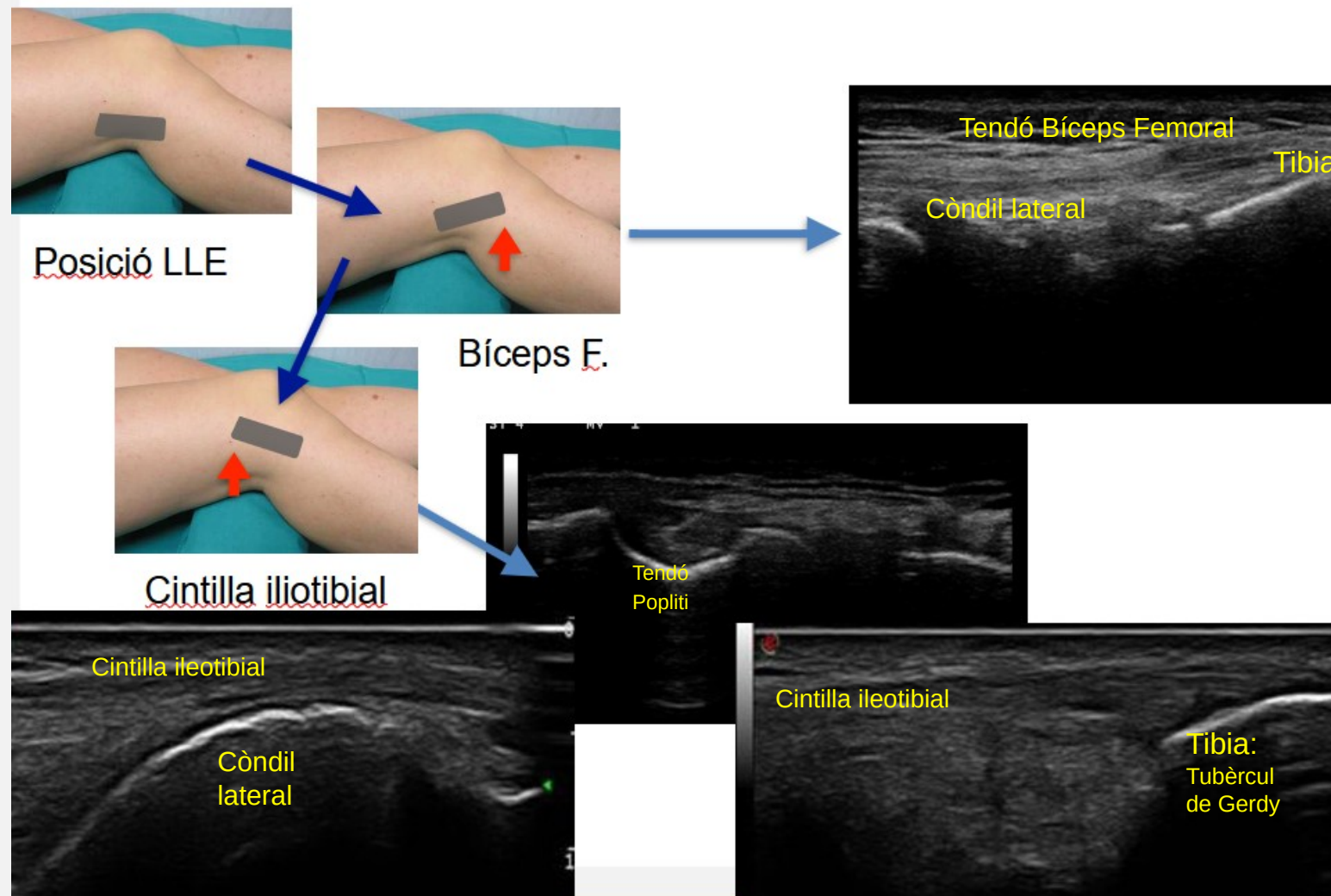
2 MEDIAL: POTA D'ÀNEC



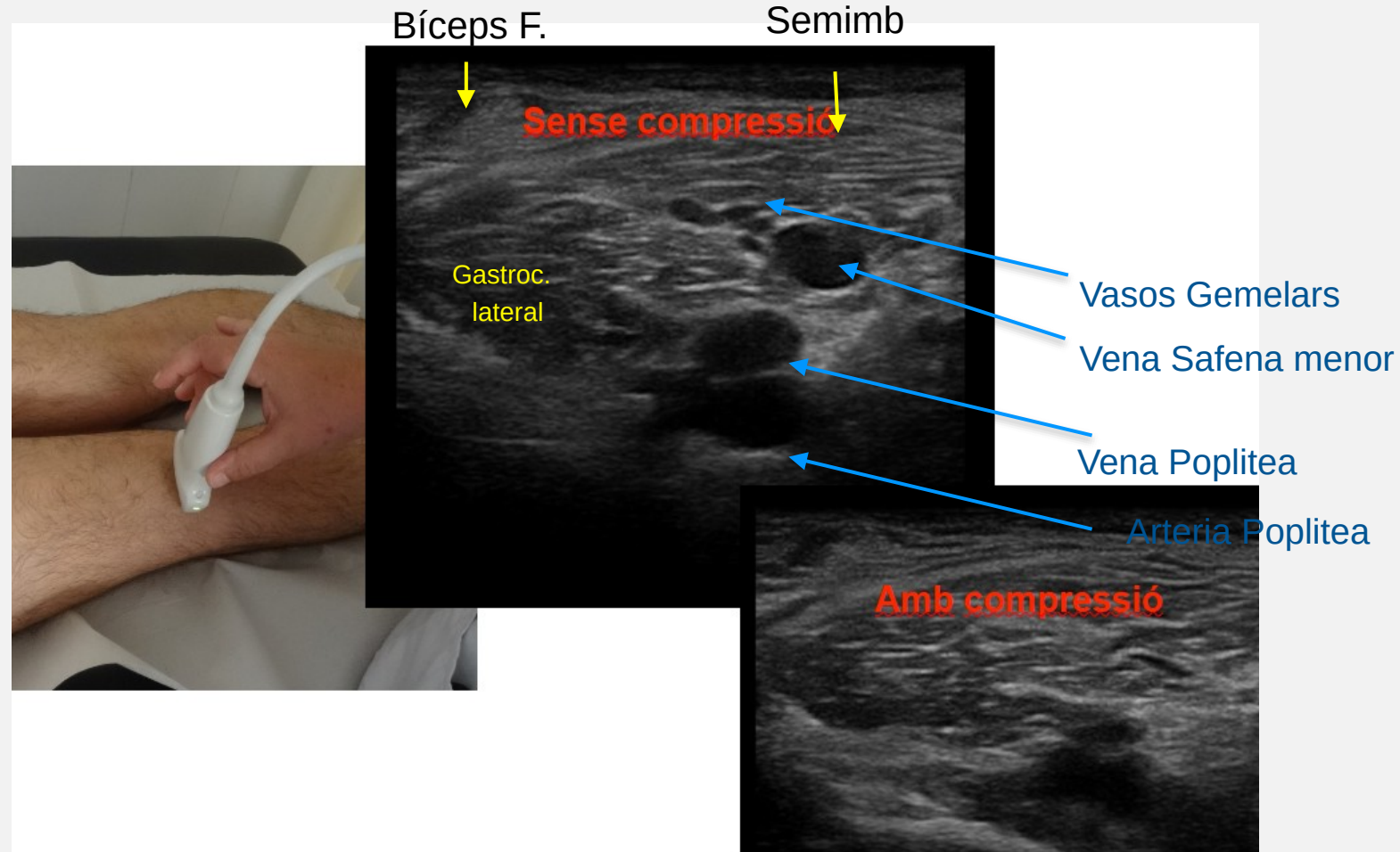
3 LATERAL: LIGAMENT LATERAL EXTERN I MENISC



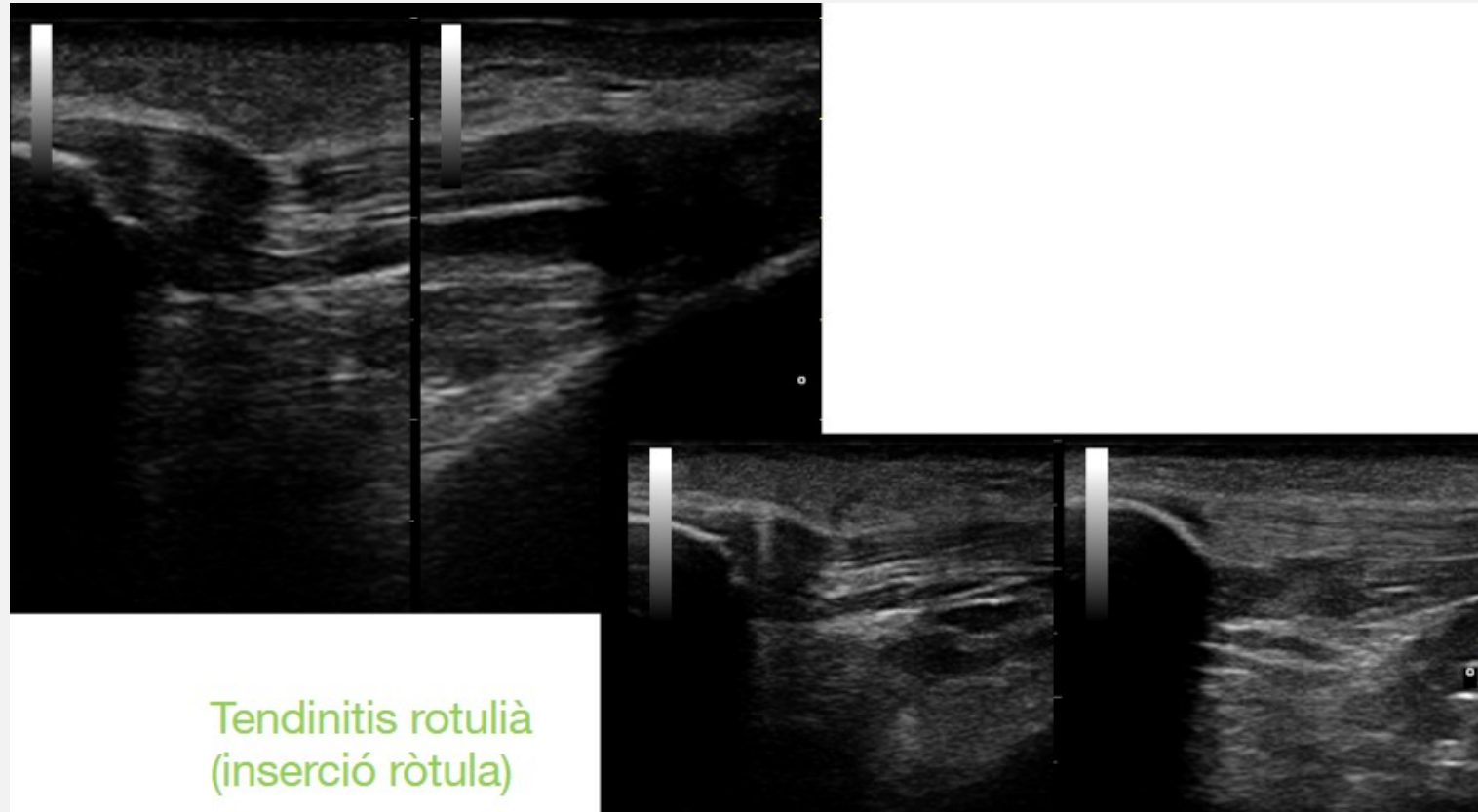
3 LATERAL: BÍCEPS FEMORAL I CINTILLA ILEOTIBIAL



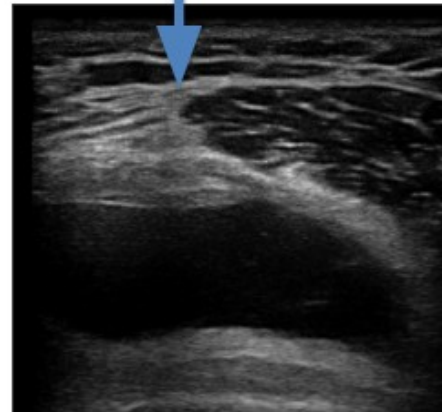
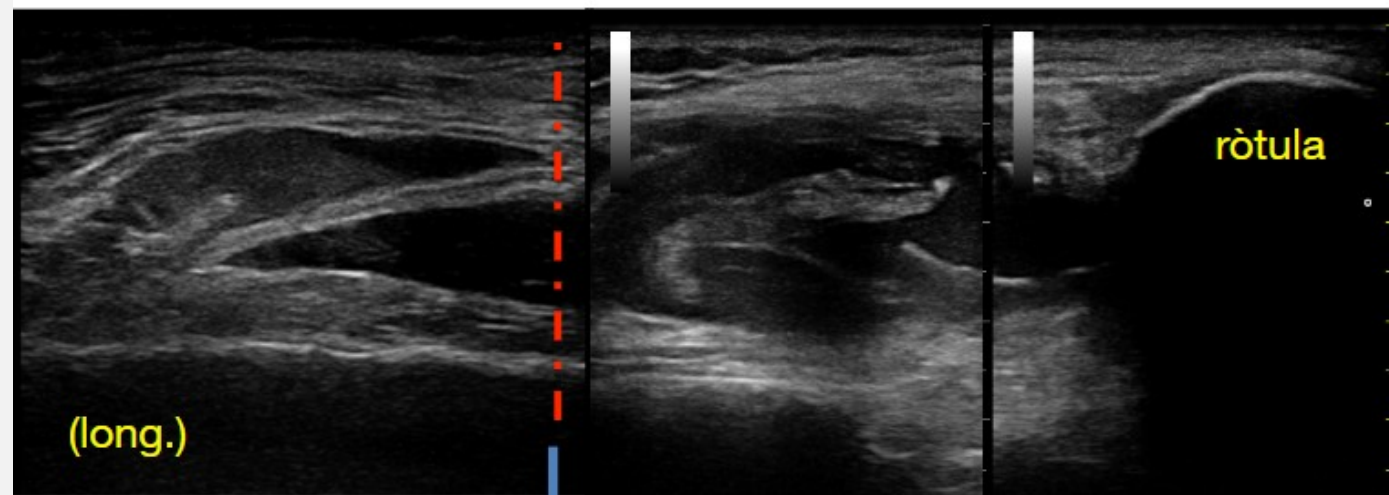
4 POSTERIOR: VASOS



PATOLOGIA

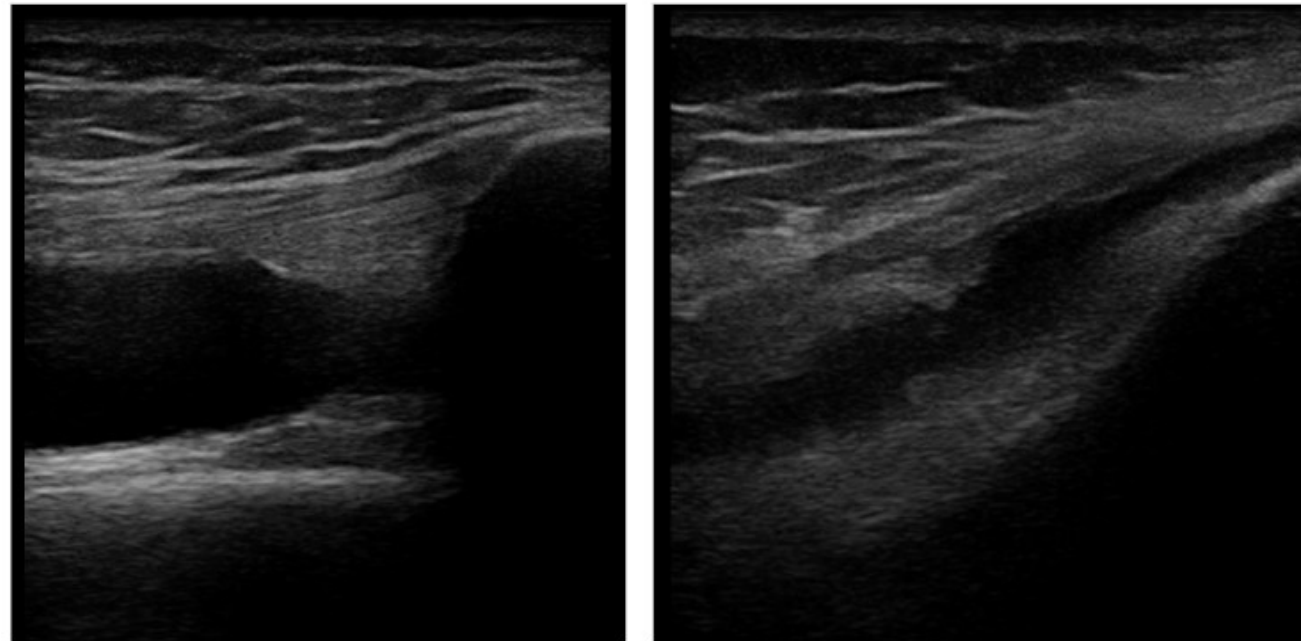
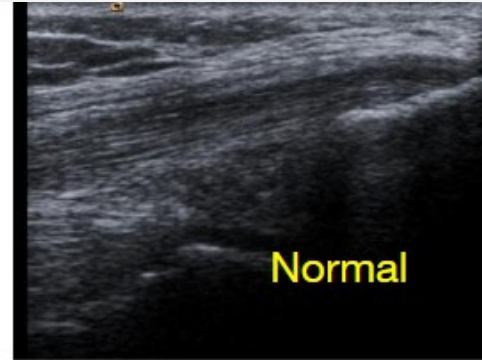


PATOLOGIA



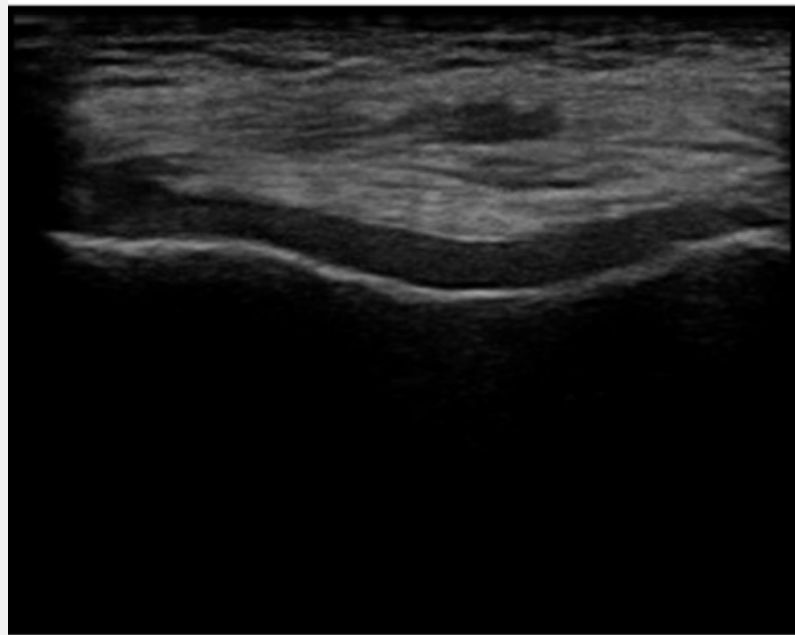
Hematoma suprapatelar
postraumàtic

PATOLOGIA

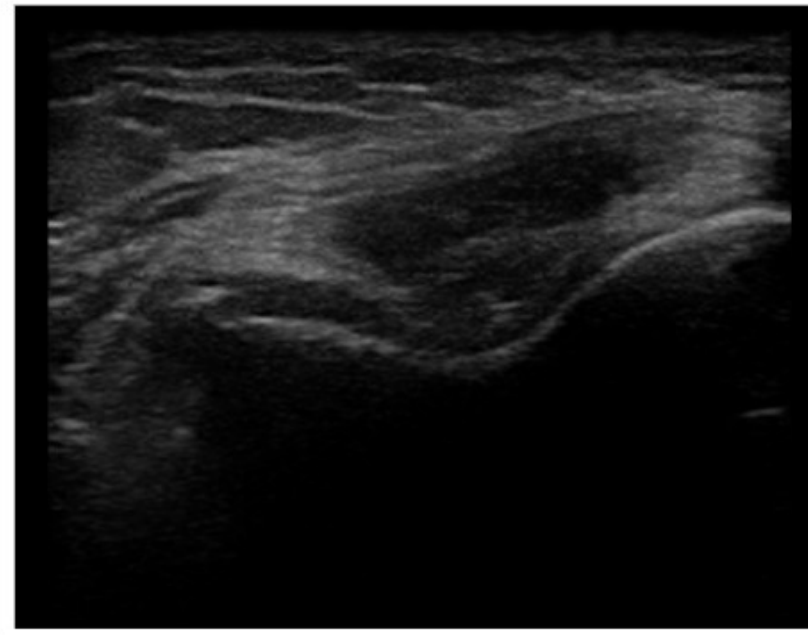


Vessament articular

PATOLOGIA

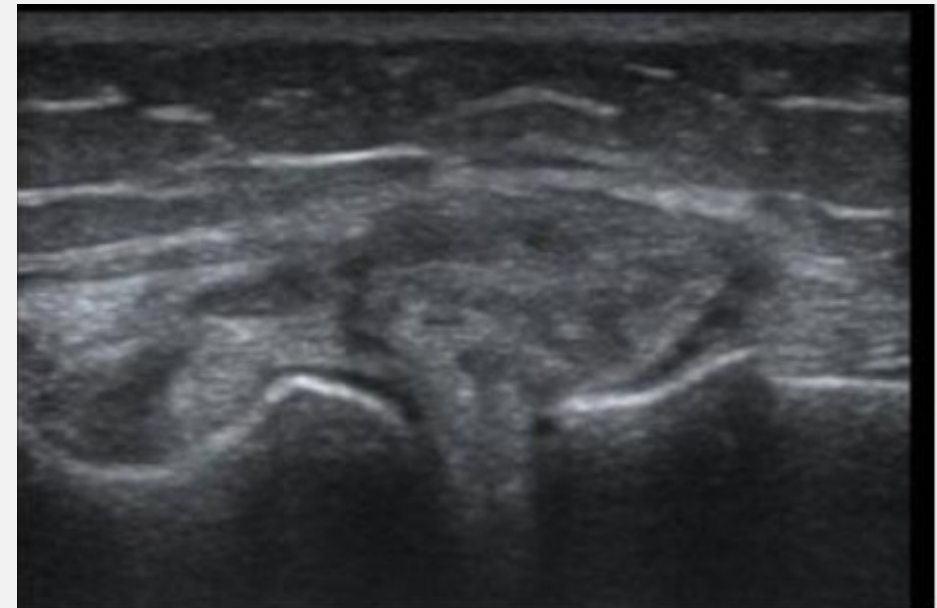
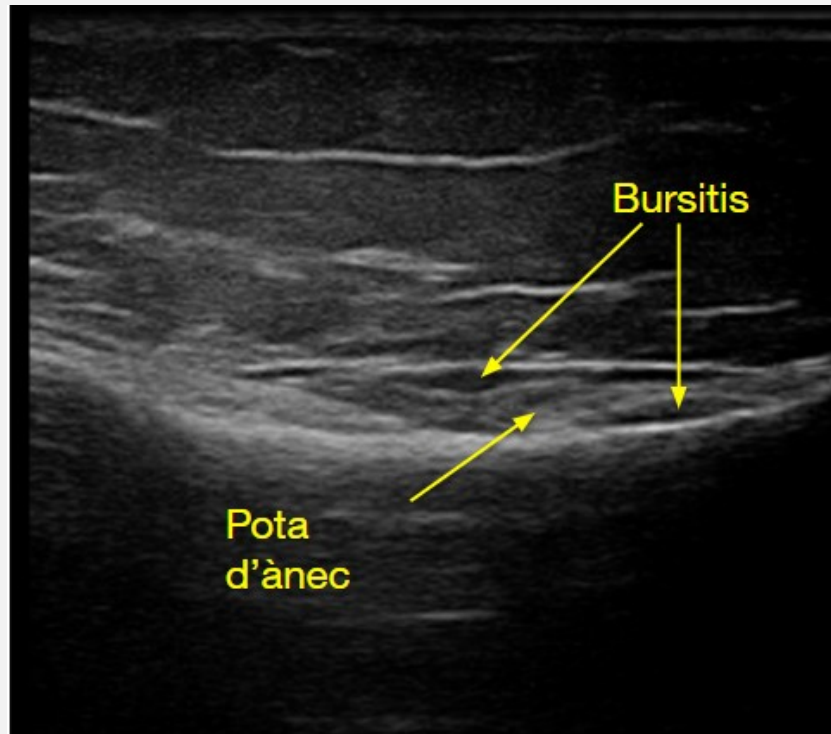


Cartílag normal



Aprimament cartílag

PATOLOGIA

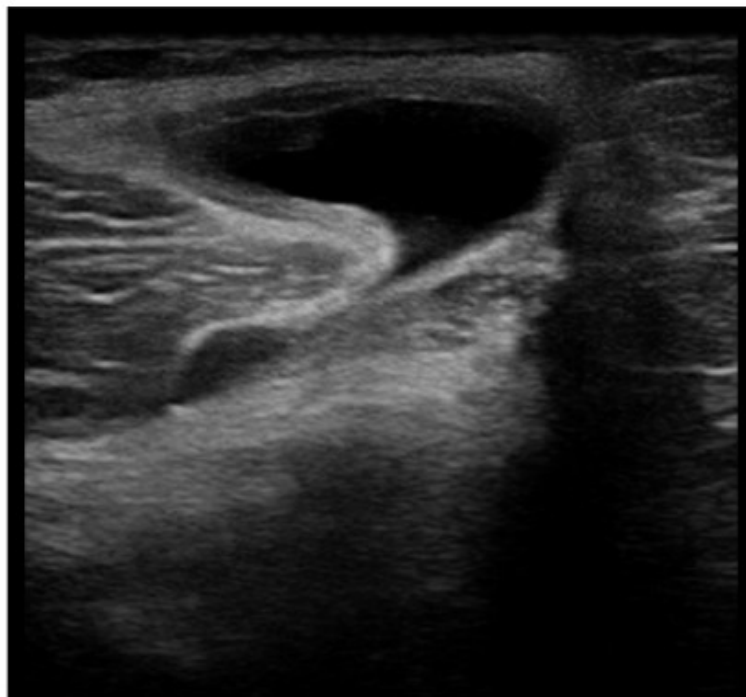


Fractura menisc

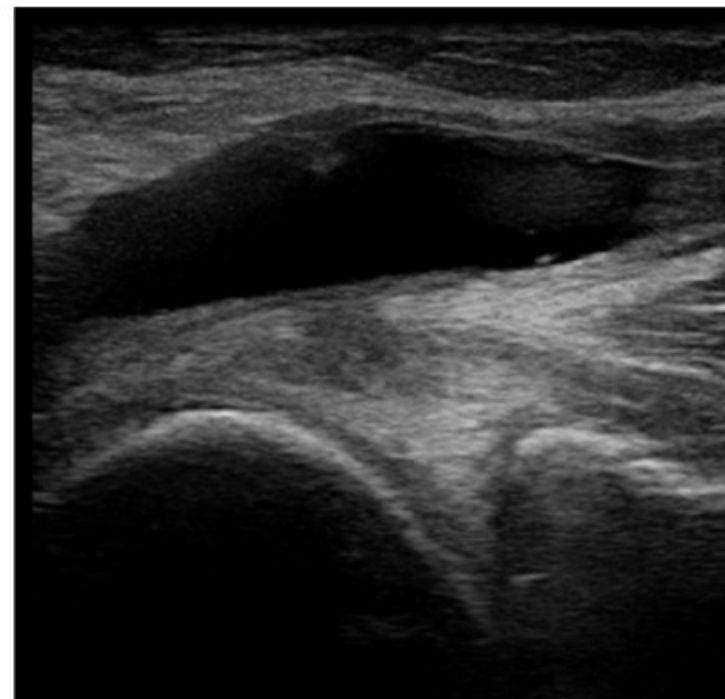
PATOLOGIA



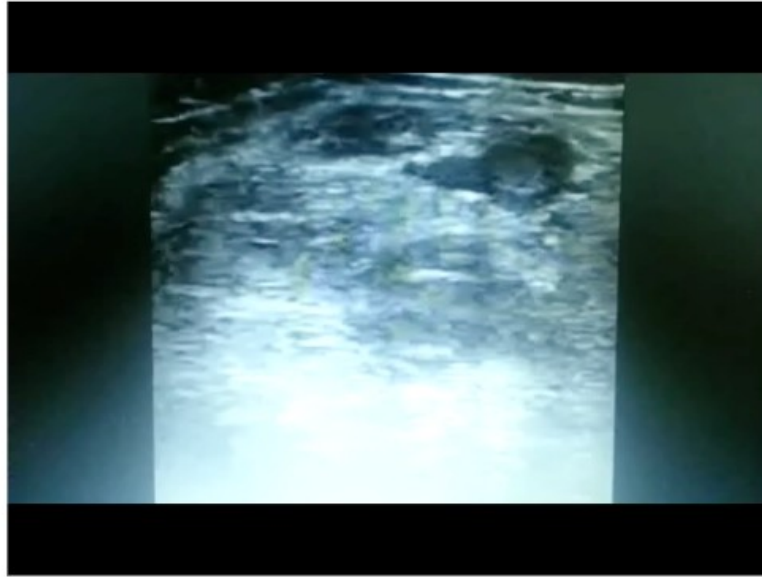
PATOLOGIA



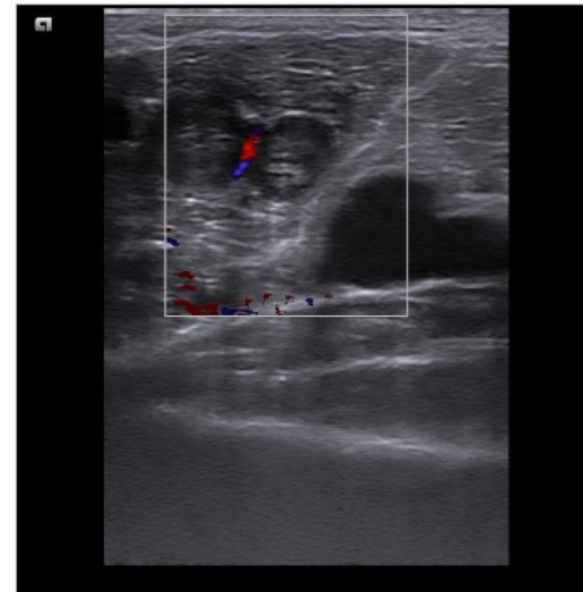
Quist Baker



PATOLOGIA



Trombosi
poplitea



Trombosi
gemelar

A PRACTICAR!

