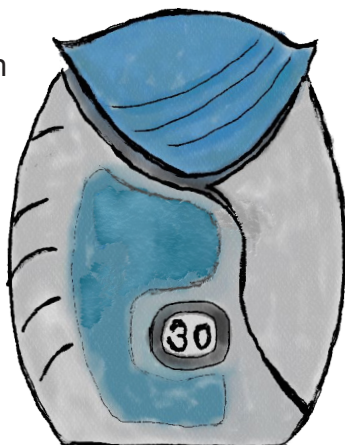


Instructions on how to use the Ellipta®

What is the Ellipta® device?

It is a device that contains multiple doses of a medication in the form of a dry powder. When inhaled through the inhaler's mouthpiece, the medicine reaches the lungs directly.

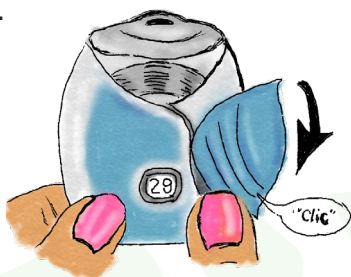
Moisture can cause the medicine to clump together so it must be kept in a dry place. The person must be standing or sitting up straight to make it easier for the chest to expand. The mouthpiece should be cleaned regularly using a dry cloth. Do not wash with water as moisture affects the dry powder.



How do you use the Ellipta®?

Either standing or sitting down, relax as much as you can and follow these instructions:

1. Slide the cover down until you hear a *click*. The dose counter decreases by one unit. Each time you open the cap a dose of medicine is prepared.



2. Breathe out fully (do not blow into the mouthpiece).

3. Holding the inhaler horizontally, close your lips around the mouthpiece (do not block ventilation slots with your fingers) and breathe in quickly and deeply through your mouth.



4. Hold your breath in your lungs for around 10 seconds, or for as long as you can.

5. Breathe out slowly.

6. Slide the cover upwards, to the end to protect the filter.



7. Gargle and rinse your mouth after each use.

A dose counter window shows how many doses are left. Initially it contains 30 doses. When fewer than 10 doses are left, half of the dose counter is red.

If you have any questions, please check with the nurse.