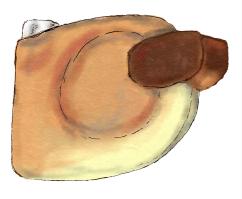


## Instructions for use of the pressurized aerosol inhaler (PAI) with built-in spacer (jet system)

## What is the jet system?

The aerosol cartridge is a device that contains a medication dissolved in the form of gas. By pressing the cartridge and breathing



in through the mouthpiece, the medication enters the lungs with the air you breathe in. It includes a low volume circular spacer that reduces the disadvantages of the direct effect of the drug. The outer case is plastic and can be cleaned with soap and water.

## How do you use the jet system?

Either standing or sitting down, relax as much as you can and follow these instructions:

1. Remove the lid.



2. Shake the inhaler vigorously.



3. Breathe out fully.

**4.** Lift your head and close your lips around the mouthpiece. Start breathing in through your mouth.



- **5.** Press the inhaler and continue taking air in through your mouth, slowly and deeply (if you can't, breathe normally through the mouthpiece).
- 6. Hold your breath in your lungs for around 10 seconds, or for as long as you can.
- 7. Breathe out slowly.
- **8.** Gargle and rinse your mouth after each use.
- 9. Replace the lid.



If you have any questions, please check with the nurse.